IMPROVING WORK-LIFE BALANCE

Having good intentions isn't enough! What are you going to do differently?

_____

_____

_____

MODULE 1

WORK - LIFE BALANCE

OVERALL ☐

Report Card

		So what?
Work	☐	_____
Relationships	☐	_____
Health	☐	_____
Life Experiences	☐	_____
Attitude	☐	_____
Effort	☐	_____

My Golden Rules

_____

_____

_____

Four Goals to be achieved by _____ (date)

New place to go _____

New activity to do _____

Learn to... _____

Better person by _____