Happy Staff = Happy School

Teaching is 9 to 3!?!

Based on an article by Jane Ching Fung in
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Working in schools can be stressful!

These articles are intended to help the great people who work in schools to reduce their stress and increase their sense of satisfaction.

Key points

Everyone thinks they are an expert on schools because they once went to school

Working in schools is VERY demanding but should also be VERY fulfilling

Your work MAKES A DIFFERENCE!

"Education is not preparation for life; education is life itself"

John Dewey

Sadly many in the community only see the "9 to 3" part of the day in which teachers (and other staff in schools) work. They don't see the myriad of other commitments that school staff make.

Everyone thinks they know what teachers and staff in schools do – after all everybody went to school, as a student! However we all know working in schools is far more than 9 to 3!

Working in schools means waking in the middle of the night and worrying about the real reason 'Billy was upset today!'

Working in schools means staying late to coach a team

Working in schools means going on camp and sleeping with one eye open waiting for someone who needs help

Working in schools means holding the bucket as a student suffers motion sickness whilst on a school trip

Working in schools means opening your classroom doors before and after school to help students (and parents)

Working in schools means staying up late (and getting up early) to correct the homework and assignments so students get the feedback they need

Working in schools means missing your own child's sports day because your students need you

Working in schools means constantly trying to improve lessons to engage students and capture their attention

Working in schools means helping out at a stall on the day of the school fete (rain, hail or shine!)

Working in schools means buying raffle tickets, girl guide biscuits and chocolates to support our students

Working in schools means calling, emailing and writing notes to parents after hours to ensure we are working together

Working in schools means being patient with your own children after a full day being patient with the children of 25 other parents.

Working in schools means spending hours, days and weeks preparing lessons, setting up displays, collecting resources and creating a great classroom environment

Working in schools means taking the time to get to know each child as an individual so that we can connect with them and help them be the best that they can be

Working in schools means being patient when we are tired, tactful when we are frustrated and consistent when it is needed

Working in schools is demanding on emotions, our energy and our reserves.

Working in schools is ….REALLY IMPORTANT, ULTIMATELY MAKES A DIFFERENCE AND CAN HAVE A HUGE IMPACT ON MANY LIVES!

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